

You're Invited!

Women Who Lunch NYC
September 23, 2011 (12 PM - 2 PM)
Amarone Restaurant



Women Who Lunch Returns to NYC!

We are extremely pleased and excited to announce our next Women Who Lunch - New York City event on Friday, September 23, 2011, from 12:00pm - 2:00pm.

Our event is graciously hosted by Maria Sivori, chef of Amarone, located at 686 Ninth Ave. and 47th Street in Manhattan. The event will be facilitated by Christina Bark and Elaine Davis. Our special guest speaker, Carol Scott, of ECA World Fitness will speak on "The Seven Secrets of Success."

If you would like to connect with smart, funny, talented, women in a non-judgmental setting over a delicious lunch and a glass of wine, please join us!

At our events, women are encouraged to introduce themselves to the other guests and to seek new opportunities and connections within the wealth of talent and resourcefulness of our lunch group. We believe that all participants will meet potential business partners, advisors, and friends - and that you will eat and be merry!

Please submit a brief bio statement (one sentence or a few paragraphs about who you are and where you are from) BEFORE Tuesday September 20th, which allows us to send all the bios to all of our lunch participants before we meet.

To submit your biography, please click [here](http://womenmentorwomen.com/submitbio) or go to <http://womenmentorwomen.com/submitbio>.

You can also e-mail bios directly to womenmentorwomen@gmail.com. Please put "Biography Submission" in the subject line.

Please use the PayPal link on the upper left hand corner of <http://womenmentorwomen.com> to reserve a seat.

The fee is \$35.00 for a three course lunch (all inclusive - glass of wine or champagne, tax and tip).

Special Guest Speaker



Carol Scott

Carol Scott is an international presenter, motivational speaker and consultant. She is the President and C.B.O of ECA World Fitness, an international organization for fitness professionals. Carol is responsible for all marketing, promotion, programming and branding for ECA and has consulted for many clubs and organizations large and small. She is the former National Director of Group Fitness for Equinox Fitness Clubs. She has consulted and designed many fitness studios and clubs and she has been an ambassador for LuLulemon Activewear. Carol is certified and a continuing education provider for A.C.E. along with being their former media spokesperson. In 2003, Carol was awarded "Program Director of the Year" by IDEA. Carol has appeared in and is a contributing writer for many publications including the New York Times. She has also been featured on

Please visit our website...



Women Who Lunch is brought to you by:



and



network television including CBS, NBC and Fox News. Her vision is to use fitness as a platform for greater individual change leading to spiritual and emotional upheaval in people's lives.

Seven Secrets to Success

Learn the seven proven secrets to success! Unlock your potential. Learn how to avoid all the pitfalls that stand between you and your dreams. Drop all the barriers that get in the way of you obtaining more money, happiness and opportunity. This lecture will give you the tools to enable you to grow and head toward the goals that drive your passion and make you happier and wealthier. What more can you ask?